

**I'm No Hero**  
(Pollard/Foster, 2021)

It's three in the morning, I've been awake for hours  
Haunted by what happened and sleep doesn't have the power  
To release me from the grip of the sights and smells and sounds  
If I manage to drift off I jolt awake as my heart pounds.  
I did everything I could, doesn't seem like it's enough  
I did everything you should, still I'm feeling pretty rough  
Thinking over every step I took or didn't take  
What if I'd done something different, what difference would it make?

*It shouldn't be, but here we are  
How can it be? It's just so hard*

***They say I'm strong***

***Please make me strong enough to bear these tragedies***

***They call me brave***

***Please make me brave enough to face each coming day***

***The shifts are long***

***and I've seen things no one should ever see***

***But I'm no hero***

***I just do my job then carry on my way***

I do all the things they say just to calm my racing mind  
Regret rolls on relentlessly, there is no peace to find  
So I pace around the place looking for something to do  
Tryin' to make sense, wishing none of it was true

*Pre-chorus*

***Chorus***

When the sun comes up  
And this restless night ends  
I'll head in for my shift  
Duty calls, the mask descends.  
And in the quiet moments  
When I find myself alone  
Mem'ries rush back  
Imagined sins I can't atone

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***The shifts are long***

***and I've seen things that no one should ever see***

***But I'm no hero***

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